

CERTIFICATE

OF PARTICIPATION

This is to certify that

Phogole Mmapekwe **Johannes**

Has successfully participated & completed the

48km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 04:48:15

PACE 06:00/km

OVERALL 156 of 421

26 October 2019, Sat

Date

GENDER 139 of

366

50+ 11 of 56